WORKBOOK FOR AGES 6-8

Duskbloom Littles

OUR CHANGING WORLD



Our Changing World Workbook



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DISCOVERING OUR WORLD

Let's explore the planet we all share!

Our world is made up of land and water.

Large pieces of land are called continents, and big areas of water are called oceans.

Every place on Earth is part of a continent and touches an ocean.

ACTIVITY 1

Label the continents on the world map:



ACTIVITY 2

Colour each ocean a different shade of blue and label them: Pacific Ocean, Atlantic Ocean, Indian Ocean, Arctic Ocean, Southern Ocean.

MINI CHALLENGE: Find your country on the map and circle it!

MY COMMUNITY MAP

Every map tells a story!

Maps help us **find our way** and **show where things are** in a community.

Your community has many important places like *schools*, *parks*, and *stores*.

ACTIVITY

Draw a simple map of your neighbourhood.

Include at least:

 **Your house**  **Your school**  **A park**  **A store**

Add a key or legend to explain your symbols (for example:  = park,  = school).

MINI CHALLENGE: Draw arrows to show how you travel from home to school.

LAND AND WATER

The Earth has many amazing landforms!

The Earth has many shapes and surfaces called **landforms**. Some are tall and rocky, others flat or full of water.

Examples:

- ***Mountain*** — tall and rocky
- ***Valley*** — low area between mountains
- ***River*** — moving water
- ***Lake*** — still water surrounded by land
- ***Desert*** — dry and sandy
- ***Forest*** — filled with trees and plants

ACTIVITY

Match the landform to its description.

Mountain	☐ Flat area ☐ Tall and rocky
River	☐ Moving water ☐ Still water
Lake	☐ Surrounded by land ☐ Between hills
Desert	☐ Full of trees ☐ Dry and sandy
Forest	☐ Dry ☐ Full of trees

Draw your favourite landform below and label it.

WEATHER AROUND THE WORLD

Different places have different weather!

Weather tells us what the sky and air are like each day.
Climate tells us what the weather is usually like in a place over a long time.

Examples:

- Hot and sunny near the equator
- Rainy in forests
- Cold and snowy near the poles

ACTIVITY

Match each place to the type of weather it usually has.

Desert

- ☐ Cold and snowy
- ☐ Hot and dry

Rainforest

- ☐ Warm and rainy
- ☐ Cold and dry

Arctic

- ☐ Cold and snowy
- ☐ Hot and sunny

Beach

- ☐ Cold and icy
- ☐ Warm and sunny

Draw or describe the weather where you live today!

HELPING OUR PLANET

We can all make a difference!

The Earth gives us everything we need: **air**, **water**, **food**, and **home**. But we must take care of it!

Ways to Help:

- Plant trees
- Turn off lights to save energy
- Ride a bike instead of driving
- Recycle paper and plastic
- Use less water

ACTIVITY

Match the action to how it helps the Earth.

Recycling	*helps by...*	☐ Wasting resources ☐ Reusing materials
Turning off the lights	*helps by...*	☐ Saving energy ☐ Making noise
Using less water	*helps by...*	☐ Saving resources ☐ Using more energy
Planting trees	*helps by...*	☐ Making clean air ☐ Wasting oxygen

Draw a picture of yourself doing one Earth-friendly thing!

OUR CONNECTED WORLD

People everywhere work together!

Even though we live in different countries, we all share the same Earth.

People around the world help each other by trading, teaching, sharing ideas, and protecting nature.

ACTIVITY

Draw or write one way people from different places help each other.

Examples:

- Sending food or supplies after a storm
- Teaching other children new games
- Sharing art or music
- Working together to protect animals

MINI CHALLENGE: Circle three words that describe being a good global citizen:

helpful · **selfish** · **kind** · **caring** · **wasteful** · **respectful**

ANSWER KEY

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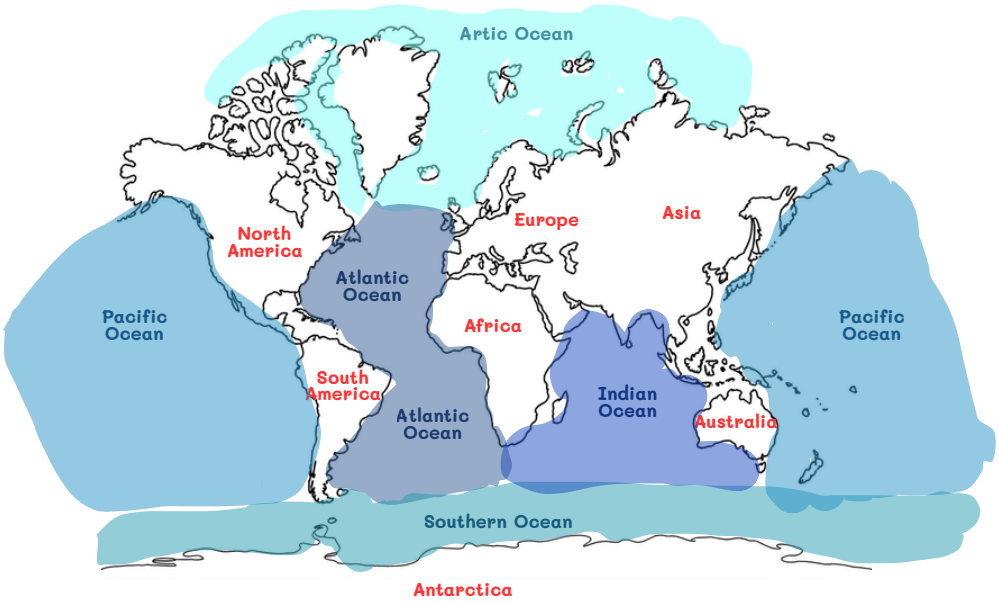

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EXAMPLE



LEGEND: My House The Park School Supermarket

ANSWER KEY

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River	☑ Moving water ☐ Still water
Lake	☑ Surrounded by land ☐ Between hills
Desert	☐ Full of trees ☑ Dry and sandy
Forest	☐ Dry ☑ Full of trees

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Desert	☐ Cold and snowy ☑ Hot and dry
Rainforest	☑ Warm and rainy ☐ Cold and dry
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Recycling	*helps by...*	☐ Wasting resources ☑ Reusing materials
Turning off the lights	*helps by...*	☑ Saving energy ☐ Making noise
Using less water	*helps by...*	☑ Saving resources ☐ Using more energy
Planting trees	*helps by...*	☑ Making clean air ☐ Wasting oxygen

ANSWER KEY

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EXAMPLE

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EXAMPLE



People from different countries help each other by sharing ideas and working together to keep the Earth healthy. Scientists in one country can teach others how to clean the ocean. Farmers in warm places grow fruit and send it to countries where it's cold.

helpful · selfish · **kind** · **caring** · wasteful · **respectful**