AGES 6-8

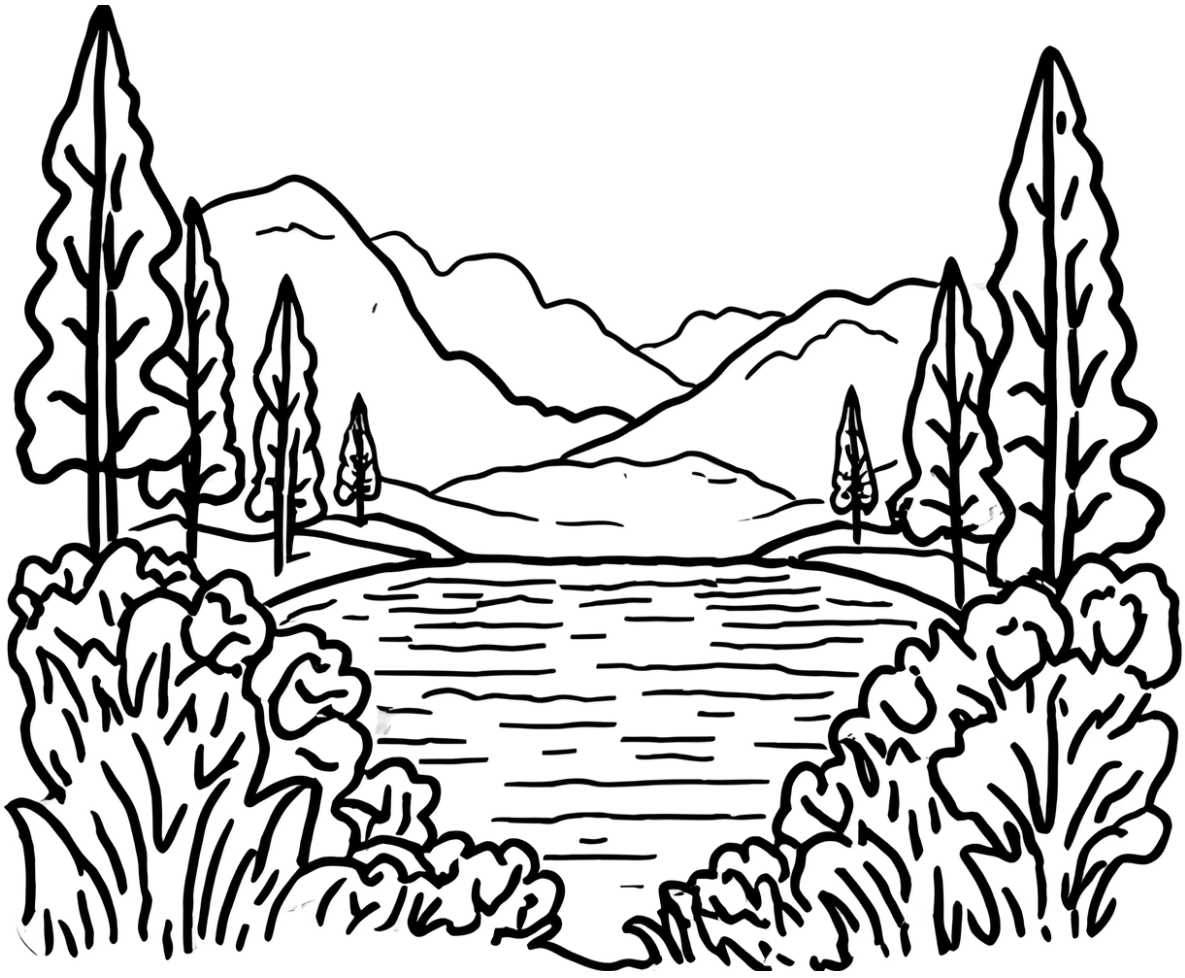
THE LIVING PLANET

Workbook for Kids



Duskbloom Littles

The Living Planet
Workbook



WELCOME TO OUR PLANET

Let's explore the amazing life all around us!

Our planet is full of **living things** — from the smallest bugs to the tallest trees.

Every living thing has a home called a habitat.

A habitat gives animals and plants what they need to live — food, water, air, and shelter.

ACTIVITY

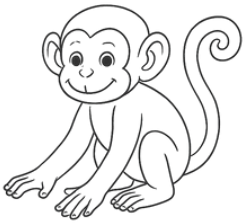
Match each animal to its home:



Ocean

Desert

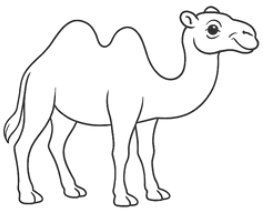
Arctic



Ocean

Rainforest

Arctic



Desert

Forest

Ocean



Mountain

Pond

Desert

Draw one more animal and its home below!

THE LIFE CYCLE OF A BUTTERFLY

Every living thing grows and changes!

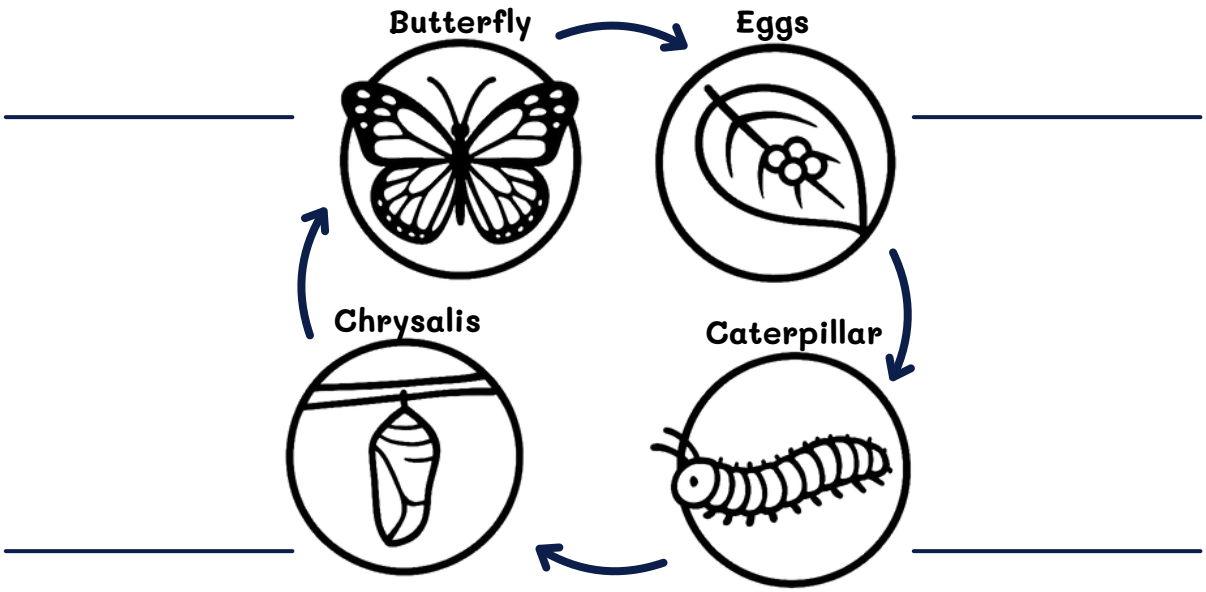
A life cycle shows how a living thing grows, changes, and starts again.

Let's look at a butterfly's life cycle:

1 Egg ····> 2 Caterpillar ····> 3 Chrysalis ····> 4 Butterfly

ACTIVITY

Number the stages in order (1–4). Colour each stage a different colour.



Write one thing the butterfly needs at each stage.

Egg _____

Caterpillar _____

Chrysalis _____

Butterfly _____

HOW PLANTS GROW

Plants need care to grow!

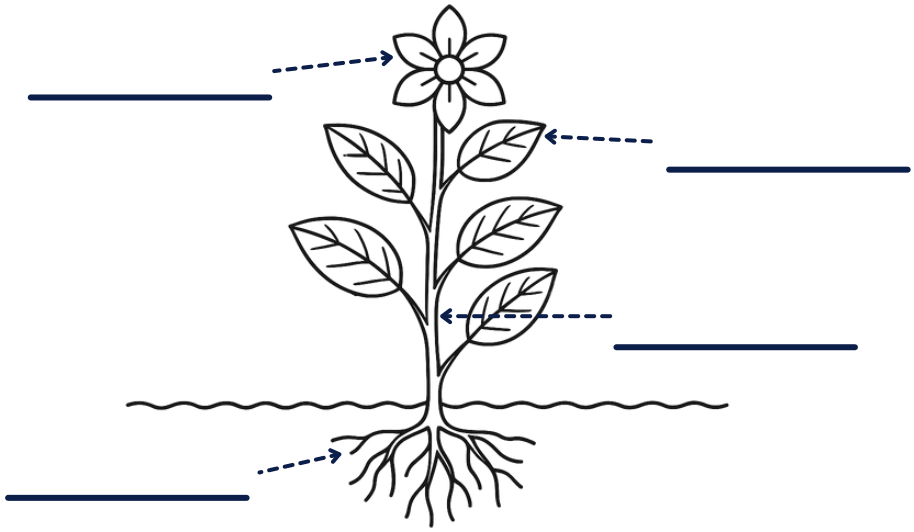
Plants are living things too. They need *sunlight, water, air,* and *soil*.

The parts of a plant all have a job:

- **Roots** hold it in place and **drink water**.
- **Stem** carries **water** and **food**.
- **Leaves** use **sunlight** to make food.
- **Flower** makes **seeds** for new plants.

ACTIVITY

Label each part of the plant: roots, stem, leaves, flower



Draw what would happen to a plant if it didn't get water.

WHO EATS WHAT?

It's all connected!

Every living thing depends on another for food.

A **food chain** shows who eats what in nature.

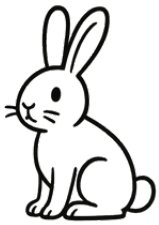
Example:

Sun -------> Grass -------> Rabbit -------> Fox

ACTIVITY

Draw arrows to show the direction of energy (who eats what).









Make your own food chain using different animals!

ECO DETECTIVE

Be a nature explorer!

You can discover nature everywhere... even in your backyard!

Let's look closely at the world around us.

ACTIVITY

Go outside or look through a window. Check what you can find!

I Found	☑
a bird	☐
a tree	☐
an insect	☐
a flower	☐
something green	☐
something moving	☐

Draw one thing you found and label it. What do you think it needs to live?

PROTECT OUR PLANET!

You can help the Earth!

The Earth gives us everything we need. Let's take care of it!

Here are some ways you can help:

- [x] **Plant a tree**
- [x] **Recycle bottles and paper**
- [x] **Don't waste water**
- [x] **Turn off the lights when you leave a room**

ACTIVITY

Match the action to how it helps:

Planting trees	*helps by...*	☐ Saving water ☐ Making clean air
Turning off the lights	*helps by...*	☐ Saving energy ☐ Make noise
Recycling	*helps by...*	☐ Reusing materials ☐ Making trash
Using less water	*helps by...*	☐ Using more energy ☐ Saving resources

Draw yourself doing one of these Earth-friendly actions!

ANSWER KEY

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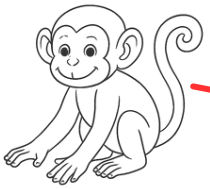
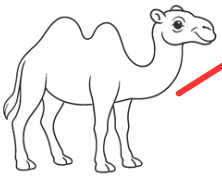
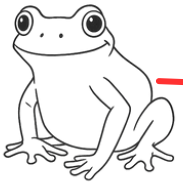
Ocean
Desert
Arctic



Ocean
Rainforest
Arctic



Desert
Forest
Ocean



Mountain
Pond
Desert

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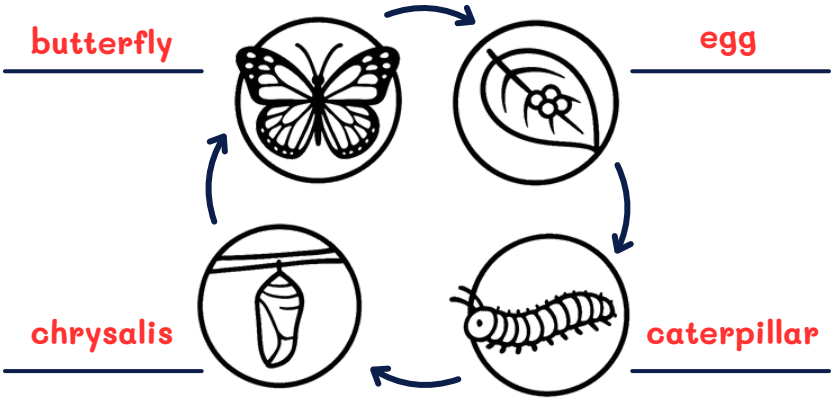
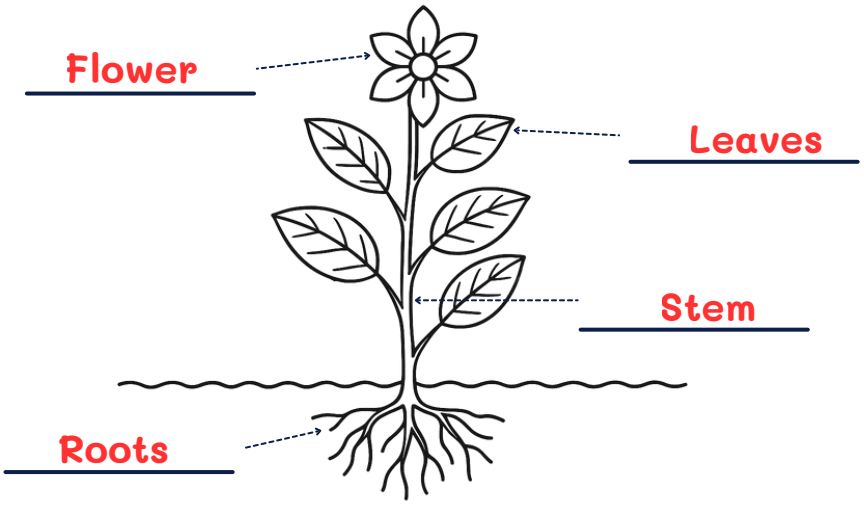


Egg	Leaf to rest on
Caterpillar	Leaves to eat
Chrysalis	Safe branch
Butterfly	Flowers for nectar

ANSWER KEY

Page 7



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